

Elizabeth Court Newsletter

April/May



Apologies for the late newsletter which is why I have made it a combination April and may issue. April flew past and now we are half way through May and I swear the clocks go faster each day!



Congratulations

To Moseline who has just completed her NVQ3. Happy studying to Reece who has just started his NVQ3



Everyone enjoyed Easter eggs



and hot cross buns



over the long Easter weekend.

Aims productions visited to do their production of Spring Has Sprung which went down well with all who attended.

songs and prayers

We enjoyed from the kind group from St Peters church who visit regularly. Their next visit will be on Monday 28th June at 2pm in the lounge and as always everyone is welcome.



Louise and Bill gave us an afternoon of patriotic song for St George's day and we flew the flags and celebrated St Georges heroic deeds with a fish and chip meal.

We held another residents meeting in the dining room, there was not a lot on the agenda and no problems were raised. A decision was agreed upon to hold the meetings every two months in future.

We have put a new larger notice board in the dining room where all activities and news will be posted for all to view.

Next Tuesday 18th May we hope to be able to take everyone who wants to go, over the footbridge to Mais for their visit from the farm animals, I hope the weather stays nice and it should be a good afternoon



House
out.



Some of the sunflowers that we planted for the sunflower growing competition are growing well; we have put some outside to get more sun (and to prevent over zealous watering!) but I think they need a bit of warm sunshine to really get going well.

As everyone knows we are a pet friendly care home but I thought everyone

green policies

might be interested to know our

as well.

We *recycle* all our paper, cans and plastic through the council recycling scheme; used cooking oil is collected by Rumseys pig farmer; vegetable peelings are cooked and fed to the chickens; garden waste is composted; unwanted furniture goes to HFS a local charity that passes it on to families in need; unwanted shoes and clothes generally go to The salvation Army; bedding to Barby Keel and bric a brac to local charity shops.

Recently we have been able to source and purchase cleaning materials that have not been tested on animals and contain no animal ingredients.

For the past two years we have only ever bought free range eggs and free range chicken.

The vegetable plot is growing onions, purple sprouting broccoli, potatoes, cauliflower, carrots and tomatoes, hopefully they will grow well and we will be able to add them to our menus when they are harvested.

If anyone has any ideas of how we can increase our green policies and further reduce our carbon footprint I would be very interested to hear from you.

We have spoken at residents meetings about a new afternoon activity by a company called DG Aromatics who will visit to provide alternative therapies such as massage, aromatherapy and reflexology. Prices are from £8.50 for 15 minutes. They hope to start here from this Wednesday for residents who have already asked to be seen and will come every Wednesday; so if you are interested please do let Mandy or I know and we can arrange this for you. Their web site is www.dgmaromatics.com

Thank you, to everyone who spoke to us about the front door, the opinion seems to be that we should go for a new door in exactly the same design as the present one -two narrow opening doors.

Carol Robinson